***Life Skills Distance Learning***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **TIMES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
|  | **Communication/PE** | **Vocational/Independent living** | **Functional Academic/PE** | **Domestic/Leisure/Safety Travel** |
| 9:00 AM – 9:30 AM | **\*Morning Meeting/Meditation**  **Group 1 (9:00-9:15)**  **Josh, Troy, Trevor, Frank**  **\*Speech Live Lesson** | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> | Morning Meditation  <https://www.youtube.com/watch?v=vYQy8-7Ut1E> | Morning Yoga  <https://www.youtube.com/watch?v=Td6zFtZPkJ4> |
| 9:30 AM – 10:00 AM | **\*Morning Meeting/Meditation**  **Group 2 (9:30-9:45)**  **Jack, Alex, Jamie, Carter, John**  **\*Speech Live Lesson** | **\*Vocational/Independent Living**  **Group 1-Josh, Troy, Trevor, Frank**  **\*PT**  **Sorting-Recycling/Trash/Compost** | **News-2-You**  Read News-2-You-Greta Thunberg & Earth  Story will be e-mailed. Click on link below for the story to be read aloud.  <https://www.wevideo.com/view/1648303179> | **Leisure**  **Puzzle Challenge**  **Chick on the link for more details**  <https://flipgrid.com/f87f57f6> |
| 10:00 AM – 10:30 AM | **Favorite Weather**  Click on the link and tell the rest of your classmates about your favorite weather/season.  <https://flipgrid.com/f1f66617> | **\*Vocational/Independent Living**  **Group 2- Jack, Alex, Jamie, Carter, John**  **\*PT**  **Sorting-Recycling/Trash/Compost** | **Functional Writing/Math**  Write/Type Name  Write/Type Personal Information  Log in to Boom Cards    Login to IXL.com and work on Math & Reading comprehension | **Meal Prep**  For today’s lunch write or type out materials needed  For today’s lesson write or type ingredients/food items needed |
| 10:30 AM – 11:00 AM | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **Domestic/Cooking**  Pick a FlipGrid Lesson from my Food Prep page and make lunch. Or you can make your own lunch Respond in FlipGrid What you made. You may need to enter your FlipGrid ID to access.  Turkey Sandwich <https://flipgrid.com/ba74fe84>  Tuna Melt <https://flipgrid.com/2d958094>  Pancakes  <https://flipgrid.com/b935eccf> | **\*Domestic/Cooking**  **Group 1-Josh, Troy, Trevor, Frank**  **\*Group OT**  **(FD OT 10:45-11:00)**  **\*Live Lesson on making a sandwich** |
| 11:00 AM – 11:30 AM | Lunch | Lunch |  | **\*Domestic/Cooking**  **Group 2-Jack, Alex, Jamie, Carter, John**  **\*OT**  **(JF OT 11:15-11:30)**  **Live Lesson on making a sandwich** |
| 11:30 AM – 12:00 PM | Lunch Cleanup | Lunch Cleanup | Live Lunch with classmates & Teacher | Lunch Cleanup |
| 12:00 PM – 1:00 PM | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Vocational Work**  Click on the link for vocational task ideas. You may need your FlipGrid ID to access  Clerical job # 1 <https://flipgrid.com/a5ec72df>  Clerical job # 2 <https://flipgrid.com/3ba1b499>  Matching <https://flipgrid.com/dda3dfa1>  Sorting by Color <https://flipgrid.com/4f16afc3>  Counting Sets <https://flipgrid.com/41bc4e39> | **Physical Education**  Click on Mr. Helsel Website for P.E. activities  [Teacher Website](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.cbsd.org%2FDomain%2F1847&data=02%7C01%7CMCASTELLI%40CBSD.ORG%7C072b12f5b82743a45ab108d7d51197ee%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637212143831625052&sdata=nh45u%2F729I5Fc9tL0GO159hqeVtHu8HuWivzPCQApR0%3D&reserved=0) | **Nature Scavenger Hunt**  Click on the link below and take a Nature Scavenger Hunt around your yard or neighborhood  [https://images.app.goo.gl/f4XeFgidyj7Cc7v66](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fimages.app.goo.gl%2Ff4XeFgidyj7Cc7v66&data=02%7C01%7Cmcastelli%40cbsd.org%7C1726c8ec52ba41adbee808d7e47beef0%7Caa0b488ffc9e4185a5e3384220df23ca%7C0%7C0%7C637229093258330437&sdata=ZjlAeewUtm%2FGUSd6PeHaNe4omzWwhoRIkHrg%2Bwh2T7c%3D&reserved=0) |